



# NAVIGATOR - 2008



TERM 3, September 5th 2008

## PRINCIPAL'S COMMENT

What an outstanding few weeks we have had! With the stunningly excellent production of the "Wiz" to outstanding performances on the sporting field to just exceptional student performances in the academic arena. We have so many talented students and staff it is often difficult for me to know where to start. Firstly congratulations are in order for our students who have been participating in a variety of Mathematics competitions. Once again Narangba Valley High is the top school in the district with results way in excess of the next school. Similarly in the NSW University Mathematics competition we had students from year 8 to 12. It was here again we are significantly above the state and national standards in all strands of Mathematics and in all year levels. Our extensive focus on literacy too in Years 8 and 9 are also producing wonderful outcomes with virtually all students up to speed by Year 10. This sets the scene for great success in the final senior years of Years 11 and 12.

It is also an exciting time in the vocational field with our learning community having recently submitted an Expression of Interest in establishing a specialist facility in Engineering. With the support of local Engineering businesses and trade and training organisations our aim is to build a purpose designed facility to train and develop our Light, Medium and Heavy Engineering tradespeople for the future. This adventurous proposition is gaining momentum and bodes well for the continued growth of such industries locally in the future.

Parents are reminded that the assessment period is only a very short time away. Students should be encouraged to develop revision and study plans to ensure they give their very best in upcoming tests and assignments. Personal organisation in study time at home is critical to success and parents are required to ensure your children have a plan of attack for this assessment period. Teachers can be contacted to provide advice in this area if needed.

Parents are also required to take the opportunity wherever possible to reinforce the schools key values of "RESPECT, INTEGRITY and COMMITMENT". These are the fundamental values underpinning all that we do in our school and will ensure a basis for all students to have successful and happy lives in the future. Your support in reinforcing these key values at home will be very beneficial to all concerned.

Have a great week!

Ross MacKay  
Principal

## DEPUTY NEWS

**Assignments & Exams:** reminder to all students and their families that we are heading in to the busiest part of the term. Students will need to manage their time effectively to ensure that they do not leave all the work until the last minute.

**Students Truanting School.** A number of students are deliberately truanting school. We are an extremely large school and we need to focus our energies on the teaching and learning of students and not the chasing of truants. Please remind your sons/daughters that in order to maximize their learning, they need to be in-class and on-time to every lesson. Also, as there is a Duty of Care issue, students who are caught truanting may be suspended.

**Students late to school.** We are having a number of students deliberately turning up late for school. Please remind your sons/daughters that in order to maximize their learning, they need to be in-class and on-time to every lesson. Students who are deliberately late and do not have a valid reason, will be given detentions to make up for missed time.

Thanks to all Year 10 students and their parents/caregivers, who have attended the SET Plan interviews, on 2<sup>nd</sup> and 3<sup>rd</sup> September. Feedback has been very positive, with many students and parents appreciative of the efforts going into ensuring their student makes suitable subject choices for yr 11 and 12.

Adam, Cathy, Jennifer and Sean

## UNIFORM SHOP

### START PLANNING

Get in early and purchase uniforms for 2009. Most items are available. You can also order now and make regular payments for the rest of the year. There will be a price increase from the beginning of January, so get in early and place your order. You must order and collect before the end of the year to beat the increase. Order forms are available in the Uniform Shop.

***Students going from Year 9 into Year 10 will require a Senior Polo shirt. All students in Years 10, 11 & 12 need to wear a senior tie with their formal uniform at all times. Both of these items are available now.***

In your child's diary is the Uniform Policy for the school, so please read carefully before purchasing any part of the uniform. Copies of this policy are also available in the Uniform Shop.

Thank You  
Robyn

## CANTEEN ROSTER



Monday -	08/09	Gayle
Tuesday -	09/09	Julie & Chris
Wednesday -	10/09	Sue & Betty
Thursday -	11/09	Kaylene & Heather
Friday -	12/09	Liz
Monday-	15/09	Cathy & Judy
Tuesday-	16/09	Julie
Wednesday-	17/09	Sue & Diane
Thursday-	18/09	Heather & Kaylene
Friday-	19/09	Liz

## EVENTS

### SCHOOL EVENTS CALENDAR - 2008

9 <sup>th</sup> September	Year 12 Drama Night
10 <sup>th</sup> – 14 <sup>th</sup> September	Brisbane Writers Festival
13 <sup>th</sup> – 27 <sup>th</sup> September	Japan Trip
17 <sup>th</sup> September	Hospitality Cert 1 Royal Pines "Live it" program
17 <sup>th</sup> & 18 <sup>th</sup> September	Brisbane Brass Band District workshops
18 <sup>th</sup> September	Gold Level Wet & Wild Excursion

## STUDENT SERVICES

### ABSENCES

Parents if you receive a message regarding an absence please response ASAP as unexplained absences will appear on your student's report card.

### LATE STUDENTS

Parents/Caregivers if your child/student is late please write a note.

### SICK BAY

As we do not have registered medical staff based at the school on a daily basis we can only offer a sick bay that is a holding place for ill children waiting to be picked up by parents or registered emergency contact person.

### UPDATING STUDENTS INFORMATION

Please update your child/student information, in writing preferred, if you:

Change address

Change phone or mobile numbers

Change/altering emergency contacts

Thank you for your assistance and understanding in this matter.

## "NEW" CASH RECEIPTING PROCESSES FOR PARENTS

For your convenience parents payments are now only accepted at the main office Parent Foyer between the hours of 8.00am - 3.00pm.

**Unfortunately between 1.30pm – 2.30pm we cannot accept Direct Credit through Debit Card accounts on EFTPOS.**



Students will continue to make payments at the cashier window before school, and during first and second break.

## P & C NEWS

Education Queensland has launched a new model constitution for P&C Associations that meets the requirements of the *Education (General Provisions) Act 2006*. P&C Associations are required under the Act to have a constitution.

The 2008 Narangba Valley State High School P&C Association Model Constitution will be available at the school office for a period of seven days, for your perusal. Should you have any questions or queries in relation to the new constitution we would ask that you complete the "Comments" page contained in this folder.

Next P&C General Meeting: 7pm – 27<sup>th</sup> October 2008 – Common Room – Administration Building. All members of our school and local community are welcome.

## MESSAGE FROM YOUR SCHOOL NURSE

Despite medical advice denouncing 'dieting' for under 15 year olds, young people are the most vulnerable to buying into the media frenzy myth of the body beautiful. The diet industry is a multi-billion dollar industry, which offers quick fix miracles for weight loss. Unfortunately, these fad diets are expensive, non-sustainable, and most importantly, can be damaging to the physical and emotional wellbeing of an individual.

What you eat can affect your ability to do what you like doing. When you are in your teens, your body is going through all sorts of changes as it matures into your adult body. This is the time your body requires more nutrients, so a 'diet' that restricts calories or omits a specific food group is not going to be doing your development any favours.

Good food helps you to:

- Stay alert and energetic all day
- Build a healthy body
- Perform at your best in school and sport
- Ward off or recover quickly from sickness.

Healthy eating isn't just about nutritious foods, it's also about enjoyment and variety. No single food can give you everything your body needs. Your body needs lots of different foods to be at its best. You should choose different varieties of foods from within each of the five food

groups from day to day, week to week and at different times of the year.

Don't forget to drink plenty of water!

Every body is beautiful because it is individual. Don't get caught up in the myth of the media directed 'body beautiful'. Look at the current display in your school library, or, read some of the following books:

Real Gorgeous by Kaz Cooke

The Diet Dilemma – Explained by Rosemary Stanton

Nutrition for Life by Catherine Saxelby

Or try this website: [www.heartfoundation.com.au](http://www.heartfoundation.com.au)

Or contact your local dietitian/nutritionist, or your local school based youth health nurse.

## FROM THE SCIENCE DEPARTMENT

Our in-house expert visits continue, with the QUT Engineering faculty's Dr Les Dawes recently visiting our Year 10 Accelerated Science students to explore the intricacies of bridge building. Supported by two fourth year Engineering students, our Year 8 mainstream Science students were also engaged in the processes of flocculation and coagulation as they took a closer look at water purification.

The recently held Science Expo was also a resounding success. Many students and their parents took the opportunity to view the work of many of our students and those from the participating primary schools. Our special guests judging on the day included Dr Stephen Hughes from the Physical Sciences faculty at QUT, Dr Penny Daines from the Narangba Veterinary Clinic, Deb Watts HOD Science North Lakes State College and Matt King Deputy Principal from Burpengary Meadows State School. The finalists were selected from almost 850 students that participated in the event. **The overall winners were Amanda Van Grinsven (Year 9) in 3<sup>rd</sup> place, Tristian Delroy (Year 8) in 2<sup>nd</sup> place and Saskia Gilmour (Year 9) in 1<sup>st</sup> place.** These students will be receiving cash prizes totalling \$500 kindly sponsored by Dr Penny Daines.

A big congratulations to the following winners and placegetters from each year level division. These will be awarded medallions and certificates on our next assembly sponsored by local metal fabrication and engineering firm Hydrapower Pty Ltd.

### YEAR 6/7

#### FIRST PLACE

- Kimberley Osborne, Mikaela Granger & Mikaelee George (NVSS)

#### SECOND PLACE

- Michael Bell & Tallis Muddle (NVSS)

#### THIRD PLACE

- Cody Costigan & Jasmine Gulliver (NVSS)

### YEAR 8

#### FIRST PLACE

- Tristian Delroy

#### SECOND PLACE

- Lachlan Roberts & Jack Middleton

#### THIRD PLACE

- Chris Stevenson

### YEAR 9

#### FIRST PLACE

- Saskia Gilmour

### SECOND PLACE

- Amanda van Grinsven

### THIRD PLACE

- Lara Patty

### YEAR 10

#### FIRST PLACE

- Kristiane Fox & Shannae Peterson

#### SECOND PLACE

- Luke Mitchelson & Matthew Statham

#### THIRD PLACE

- Kristian Ilpola

### YEAR 11/12

#### FIRST PLACE

- Paris Benoit

#### SECOND PLACE

- Lauren Dumbrell

#### THIRD PLACE

- Sherralee Brown

Science staff and students would like to acknowledge the **generous donation** made recently to our faculty by **Pathology Queensland**, based at the Royal Brisbane and Women's Hospital. One of their recently retired microscopes is now being put to good use by our Biology teachers and students, and the support of our school community is always greatly appreciated.

## FROM THE MIDDLE SCHOOL

### Year 9 QCATs

As part of the implementation of the Queensland Curriculum, Assessment and Reporting (QCAR) Framework all students in Year 9 will be completing a Comparable Assessment Task. This year the students will be completing a Science QCAT and this will take place in regular class time in weeks 9 or 10 of this term. With this in mind it is vital that your child attends up to the last day of school, Friday 19<sup>th</sup> September. If for any reason your child is absent there will be limited opportunities early in term 4 to complete the task. The results of the QCAT will be provided to parents later in the year. If you would like more information please contact Hannie Gilmour or Liz Senior at the school or go to [http://www.qsa.qld.edu.au/downloads/assessment/qcar\\_is\\_framework\\_parents.pdf](http://www.qsa.qld.edu.au/downloads/assessment/qcar_is_framework_parents.pdf) for a fact sheet. Good luck to all Year 9s.

### LEAD Forum

Congratulations to all the Year 11 Prefects and Year 10 Mentors who hosted the LEAD Forum for Year 6 and 7 Students from Narangba Valley State School on Friday 5<sup>th</sup> September. The *Leading Education About Drugs Forum* was held to complement the important issues students examine and discuss in CHILE classes. CHILE, *Choices, Health, Information, Lifestyle, Education* is a part of the curriculum for student from Year 1 to 12 at both our school sites. The aim was to build resilience of young people against drug use, facilitate discussions on current drug-related issues and educating students on accessing help and creating safe, drug free environments. Thank you very much to all our special guests who attended. It was a great experience for all involved.

Liz Senior  
A/HOD Middle Schooling

## SENIOR SCHOOLING NEWS

What a busy and exciting week in the Senior School. September 2<sup>nd</sup> and 3<sup>rd</sup> saw our Year 12 students sit the Queensland Core Skills (QCS) Test. Although this can be a daunting experience, our students are to be congratulated on the maturity and commitment they demonstrated on the test days. Year 11 students who will be sitting the QCS Test next year also participated in their first practice session this week and gained valuable insight into the way the exam works.

SET Plan interviews were also held at Narangba Valley this week for all Year 10 students. Our teacher-interviewers are to be congratulated on all their hard work which ensured that every Year 10 student had one-on-one feedback about their subject choices and will be well informed to make sound decision about their Senior learning pathway. A big thank you is extended to all of the parents and students who participated so eagerly in the program. We hope the SET Plan interview process made you feel better equipped and empowered to face the journey into Year 11 and 12 in 2009!

As we move towards the end of Term 3, I wish all our students the best of luck in their assessment and encourage them to stay focused and work hard to ensure they receive the best results. There are also many extra-curricular opportunities for students to participate in over the next few weeks, including scholarship opportunities and competitions.

### **Certificate 1 in Work Education:**

Our current Year 11 students and Year 12 students (who are not sitting the QCS Test), have recently completed their school-based units for the Certificate 1 in Work Education. The final unit of competency requires students to participate in structured workplace learning in an off-campus environment. All students received the paperwork about this earlier in the term. Students can use their after-school work or work experience to complete this unit of competency and work towards receiving points for their QCE. The employer completes the paperwork and the student attaches pay-slips or a letter verifying the dates of employment. Then, the form just needs to be handed in at the school administration building. If you have any questions about the Certificate 1 in Work Education, please contact the Senior Schooling office.

### **Scholarship Opportunities:**

The University of Melbourne is currently offering a number of national scholarships for 2009. Students who wish to apply for a scholarship must submit their application directly to the University online at: <[www.services.unimelb.edu.au/scholarships/ugrad/](http://www.services.unimelb.edu.au/scholarships/ugrad/)> by 5 pm on Friday 31st October 2008. No supporting documentation is required. See the Guidance Officer or Miss Bratby in the Senior Schooling office if you have any questions.

### **'Snap Up' Photographic Competition:**

Snap to it! Students in Years 10 - 12 with a photographic flair are encouraged to enter the 'Snap Up' senior school photographic competition. A joint initiative of Queensland Health and Diabetes Australia Queensland, entrants are asked to submit a photo around the theme of 'Living well in Queensland' or 'Living well with Diabetes'. In the 'Living well' category, students can creatively depict physical

activity, healthy eating and how Queenslanders, of all ages, are living healthy lives. The 'Living well with Diabetes' theme offers students the opportunity to explore how people turning their lives around and living well with diabetes. The photographs will be used in marketing and awareness campaigns relating to diabetes. The winners will receive \$2000 worth of photographic equipment and entries have been extended until 27 October. For further details visit the website <[www.diabetesqld.org.au](http://www.diabetesqld.org.au)> Year 12 students – Defence Trades: Join the Workforce behind the Defence Force.

Defence has joined forces with Alliance People Solutions to offer a unique opportunity to people serious about building a trade career in the Australian Defence Forces. The FREE Defence Ready Program provides you with everything you need to prepare you for the Defence Force Recruitment process and students may begin their application process at 16 years & 9 months of age. Navy, Army and Airforce Trades broadly include: Marine Technician, Electronics Technician, Aviation Technician, Metalsmith, Plumbing, Carpenter, Electrician, Motor Mechanic, Mechanical Engineering Fitter, Aircraft Spraypainter with further diversification depending on which arm of Defence you join. For a brochure on the Defence Ready Program or further description of apprenticeships please see Mrs Lever in the Senior Schooling Office (O'Neill Staffroom), Phone 3385 4571 - Monday to Thursday.

Miss Bec Bratby and Mrs Trish Lever  
Senior Schooling Department

## PERFORMING ARTS NEWS

### **EKKA Comp**

The results from the Billy Hyde Music Competition "Urban Upbeat" at the EKKA have been announced and I am pleased to announce that DISSONANCE has been successful at achieving the title Most Outstanding Band!!! This prize was awarded by the judges to the band that they considered the best out of all categories (rock, stage bands, concert bands, strings ensembles etc). Well done to the boys from DISSONANCE – Alex Tomlins, Trent Lewis, Nicholas Tomlins and Jake Tomlins.

### **Band Concert**

Don't forget to mark you calendar for the Brass Band Concert which is coming up on the 18<sup>th</sup> September. The concert will showcase the musical stylings of the Burpengary-Narangba Middle School Coalition Band, The Brisbane Jazz Band and students from all schools in the Sunshine Coast South District. The concert will be free to all and I look forward to seeing you all there.



I would to thank the school community for their continued support of Narangba Valley State High School's Performing Arts Department. If you have any questions on queries please do not hesitate to contact me at the school.

Regards  
John Coulson  
A/Head of Department  
Performing Arts