

# LOW GLUTEN MENU

All menu items need to be ordered before  
8:30am on the day at the canteen

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## *Hot Food*

Chicken Burger w Salad	5.50
Beef Burger with Salad	5.50
Chicken Tenders Wrap with Salad	5.00

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## *Bread Rolls & Wraps*

Ham with Salad	5.00
Chicken Tenders with Salad	5.00

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## *Treats*

Chocolate Cake Slice	4.50
Yoghurt Cups with Mixed Berries	4.50
Fruit Salad	3.50



# VEGETARIAN

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## *Hot Food*

Roasted Vegetable Tarts	4.00
Vegetable Pattie Burger with Salad	4.00
Fried Rice	5.00
Spinach and Cheese Roll	5.00

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## *Sandwiches, Wraps & Salads*

Baked Falafels with Salad	5.00
Fresh Salad Sandwich	5.00
Roasted Pumpkin & Fetta Wrap	5.00

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## *Extras*

Chocolate Cake Slice	3.50
Yoghurt Cups with Mixed Berries	4.50
Fruit Salad	3.50

Baked in House by Tamarra

Carrot Cake	3.00
Chocolate Brownies	3.00

