

Issue 6 2025

NVSHS Newsletter

Week 10 Term 3



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Executive Team Report

It's hard to believe we've already reached the end of Term 3. As I reflect on the past ten weeks, I'm deeply grateful for the ongoing support of our entire school community. Your commitment and collaboration are vital as we continue to Challenge the Future and provide a progressive, high-performing education that empowers every learner to reach their full potential.

2025 Graduates

As we near the end of Term 3, I want to take a moment to thank our graduating cohort for your leadership, high standards, and commitment to finishing strong.

Many of our Year 12 students are on the cusp of completing their journey, with ATAR students now preparing for their external examinations. We encourage our graduating students to make the most of the holiday break by taking time to rest and recharge.

A reminder to all university-bound students: please ensure your QTAC application is submitted. Our Year 12 Guidance Officer, Hannah Ciooper is available to assist, and it's fantastic to see that a staggering 88 applications have already been completed. If you haven't yet submitted yours, please reach out to our Guidance Officer or a member of the Senior Schooling team. Year 12 celebration days have also brought joy to our school, with a highlight being Throwback Thursday, where our Seniors proudly wore their primary school shirts—a fun and meaningful tradition.



Developing a Whole School Approach to Positive School Culture

Creating a positive school culture is essential for fostering an environment where students feel safe, valued, and motivated. Our efforts this year have focused on implementing the Positive Behaviour for Learning framework. This framework has been instrumental in establishing consistent behaviour expectations and reinforcing positive actions across the school.



We had the pleasure of celebrating our Positive Behaviour for Learning Year RIC 1000 students with a well-deserved pizza party, recognising their outstanding commitment to Respect, Integrity, and Commitment.



2026 Student Leaders

Over the past few weeks, we have witnessed the courage and enthusiasm of our prospective 2026 senior leaders. It has been a pleasure to take part in the interview process for both our School Captain and IPS Student Leader positions. The calibre of candidates was exceptionally high, with each student demonstrating a genuine understanding of the responsibility and privilege that comes with leading our school community. We look forward to announcing the successful applicants of all Senior Student leadership positions at our upcoming Senior Celebration Showcase and Junior Secondary Student Leadership positions at the Junior Celebration Showcase.



E-Scooter Safety

During our Junior Secondary Assembly in Week 8, students participated in an important presentation on road safety in relation to personal mobility devices. This presentation will also be delivered to our Year 10 cohort early in Term 4 to ensure all students receive consistent messaging. The safety of our students remains a top priority, particularly in light of behaviours observed around the school perimeter where safe riding practices have not always been followed.



Key rules to be aware of include:

AGE:

-Children aged 12 to 15 years can only ride with adult supervision.

-Only those over the age of 16 years can ride e-scooters or e-skateboards.

Supervising adults should ride on a separate device, at a safe following distance from the child riding. The adult should always have close direct oversight of the child riding so that direction, guidance and any intervention can be given when needed.

ROAD USE:

-E-scooters and e-skateboards can only be used on the road in very limited circumstances.

SPEED LIMIT ON FOOTPATHS:

- The speed limit for footpaths and shared paths is 12 km/h.

SAFETY:

- Helmets must be used with the straps fastened securely, and bells fitted for any devices with handlebars.
- Only one person should ride on a device at a time – no doubling.
- Riders must ride to the conditions and avoid any unsafe manoeuvres.

To ensure you and your child know the rules to stay safe while using these devices, you can visit [Streetsmarts Qld](#) for a quick and easy to understand listing of the rules.

Wishing everyone a relaxing break. I look forward to welcoming you back next term with renewed enthusiasm and commitment.

Ms Kyrra Mickelborough
Principal

Silver Soiree

It was a pleasure to attend the Silver Soiree, celebrating 25 years of Narangba Valley SHS on Thursday, 4th September. The evening was dedicated to honouring our learners—both past and present—recognising the dedication of our staff and taking pride in the achievements of our vibrant school. It was truly a night to celebrate our shared history.

Thank you to everyone who contributed to making this special event possible—from those working behind the scenes to our Hospitality students, P&C, Performing Arts staff, and students. A special thank you to foundation staff member Mr. Patty; it was a delight to hear the early stories of the school we all cherish.



UPCOMING EVENTS	
Dates & times are correct at time of publication but subject to change.	
Date	Event
Friday 19 September	Canteen Open Until End of Lunch 1 – Limited Menu
Friday 19 September	Last Day of Term 3
Over holidays	Brass Band Championship & Workshop Day TBC
Monday 6 October	King's Birthday Public Holiday
Tuesday 7 October	First Day of Term 4
Tuesday 7 October	Alternate Year 12 Program Commences
Tuesday 7 October	Whole Staff Meeting (2.45pm start)
Wednesday 8 October	House Leader Meeting (AM)
Wednesday 8 October	Year 7 Assembly (Period 1)
Wednesday 8 October	SET-T Year 12 TUT Students
Wednesday 8 October	Year 9 Assembly (Period 3)
Wednesday 8 October	Year 8 Assembly (Period 4)
Thursday 9 October	SET-T All Remaining Year 12s
Friday 10 October	Mental Health Day
Friday 10 October	Murrumba Dance Challenge - Clontarf Beach State High School 12.30pm – 8.30pm
Friday 10 October	80's Music Bingo - PALACE 5.30pm-8.00pm
Monday 13 October – Friday 17 October	Year 12 vs Teachers
Monday 13 October	Senior Celebration Showcase Rehearsals
Tuesday 14 October	Peninsula Music Festival – Details TBA
Wednesday 15 October	Senior Celebration Showcase
Wednesday 15 October	Rugby League vs Tullawong
Wednesday 15 October	Year 7 Assembly (Period 1)
Thursday 16 October	Valley Vibes Music Night
Friday 17 October	Dance Night
Monday 20 October	P&C Meeting (Financial- Start 4.00pm)
Tuesday 21 October	Canteen Red Day
Wednesday 22 October	Junior Secondary Assembly (Period 1)
Thursday 23 October	Kickstart & ENVY – Details TBA
Thursday 23 October	Year 7 Immunisations (HPV & dTpa) – 9.00am start
Wednesday 29 October	Year 11 Psychology Excursion 2
Wednesday 29 October	Year 7 Assembly (TEAMS Period 2)
Friday 31 October	World Teacher's Day
Monday 3 November	IPS Meeting
Thursday 6 November	Year 7 & Year 8 Sports Gala Day
Thursday 6 November	Maximising the Badge – 2026 Senior Student Leaders 8.35am-2.30pm



P&C News

The P&C needs your support! We're calling on Translink to adjust the Wednesday Bus Timetable-but we need the whole school community behind us.

Want to help?

Email nvshs.pandc@gmail.com and we'll guide you on how to provide structured (and anonymous if you like) feedback straight to the Department.

Together, our voices can make the change happen!



NARANGBA VALLEY
STATE HIGH SCHOOL


P&C MEETING


 Monday | 20 October 2025
 4:00 pm
 At the Senior Hub

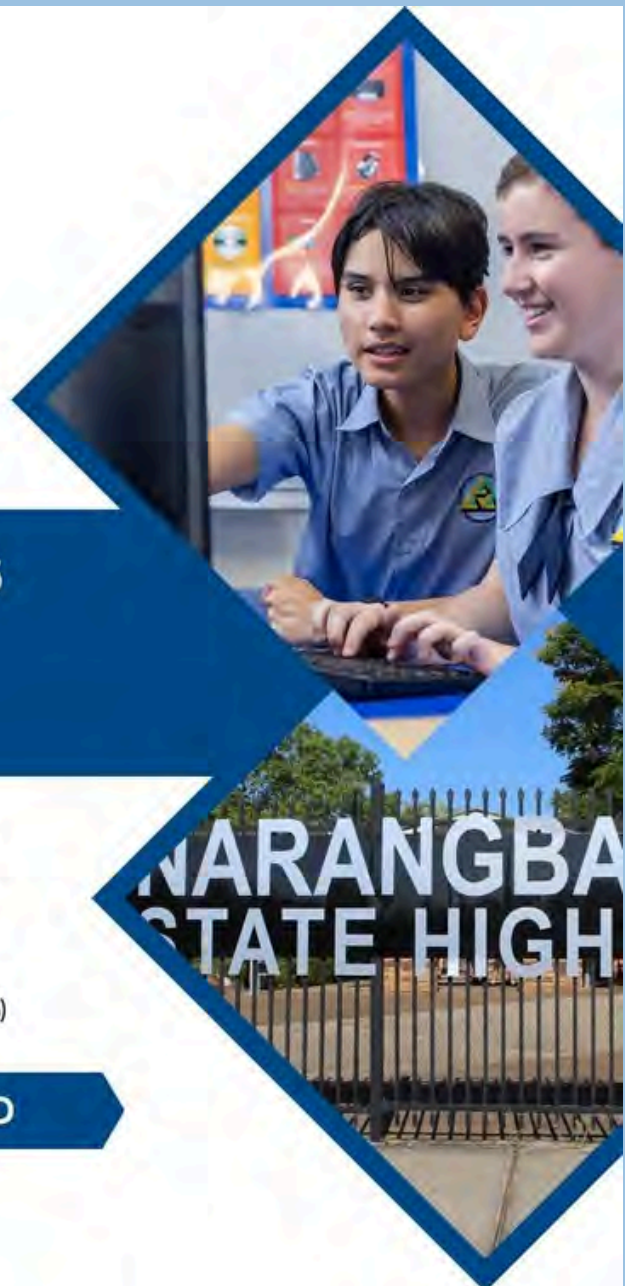
By being involved in the P&C you will:

- Be kept up to date on what is happening within our School
- Hear directly from our Principal and P&C Team on School matters
- Be a part of the consultation process on School policies and procedures
- Gain insights into the Financial Planning, Budgeting and On-Site Operations (Canteen and Uniform Shop)
- Help build a better School Community

YOU ARE INVITED TO ATTEND

 0405 131 117 (or text)

 nvshs.pandc@gmail.com



Arinya News



Arinya House Activity!



On Thursday 4th September, Mrs Mickelborough and Mr Krosch bravely competed against a number of students in Arinya's Are you smarter than a principal? activity. It was exciting to see so many students volunteer to go toe-to-toe with the big guns and even submit questions they thought might trip them up. It was a tough battle of wits with Mrs Mickelborough and Mr Krosch putting up a good fight but there were a few students who walked away victorious after proving they were in fact the smartest on the stage.



House Bins - Containers for Change

Mischa (Senior Arinya Captain) has launched a project designed to help us recycle and boost house spirit – House Bins! Currently located at the tuckshop, there is a Container for Change bin labelled for each house with more bins coming soon to different areas around the school like the Junior Secondary Area and the Year 12 common room. When you're ready to throw away a bottle or can, make sure you put it in your house bin to help your house win extra points towards the house cup!



The Bidara Bugle

RIC 1000 Club

A massive congratulations to the following students for joining the prestigious RIC 1000 Club:

Year 7 - Dominic
Year 8 – Molly & Benjamin
Year 9 – Brennan, Archie & Jasmine
Year 11 – Ivy, Lucille
Year 12 – Nadine, Kaitlyn & Gabriella



What an incredible achievement — your dedication and consistency truly reflect what it means to be a Bidarian!

RIC 500 Club

We currently have 38 students who have reached the RIC 500 Club milestone! Outstanding effort and keep striving for excellence!

Keep working hard, showing Respect, Integrity, and Commitment, and continue collecting those points like champions!

House Activity!

This term we ran a Donut eating competition. We had over 45 students participate and my word we have some fast eaters! Shout out to Levi in year 12 for eating his donut in an astonishing 26 seconds! He is officially crowned as NVSHS fastest donut eater!



Junior House Captain Kischanda



Hi my name is Kischanda French, and I am one of your junior Bidara house captains. The reason I really wanted to become house captain was because I wanted to get involved in the school and help out but also to help support, encourage and be a role model for my fellow peers. What I love about Bidara and being in this house(the best one) is meeting all the kind, caring people who love to spread house spirit. A highlight for this year would most definitely be sports day, I got to see everyone participate and cheer on each other and overall have fun!

Go Go Garawi!

Garawi Signing Off

END OF TERM 3 - GaraWINians have been smashing home runs all over the place!!

Garawinians reaping the rewards

Congratulations on the 300 current Garawi students who have reached 100 RIC rewards points. You are the backbone of our current success.

We also have 78 students who have reached more than 500 RIC rewards points as well. The 1000 points club has jumped to a total of 32 members as well. We also have 1 very committed student who is nearing 3600 RIC points already, what a wonderful achievement.

Make sure you keep an eye out in your letter boxes as you'll be receiving a postcard from one of your leaders very soon.

This has allowed us to sit comfortably in second place trailing Bidara. There is plenty of time to ensure that we overtake them, we just need to keep doing what we're doing, and that number 1 spot will be ours for the taking.

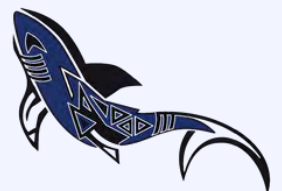
Garawi House Activity

Our second House Activity had plenty of enjoyment, laughs and bragging rights from the students who participated. Friendships were tested but a sense of togetherness came out after. Students were able to compete against a friend in a range of activities to see who would come out on top.

Keep an eye and ear open ready for the next Garawi activity. We can guarantee that they will be water, ballons and your favourite teachers participating.



**Remember - get involved
and earn some house points for Garawi!**



Keeping Up with Kirrawa

Term 3 – The Term of the Goanna

Term 3 was an exciting one for Kirrawa! After our (not-so-close) win at the Athletics Carnival last term, it was fantastic to see so many students come down and get involved in Dodgeball. Thank you to everyone who joined in the fun and showed their Kirrawa spirit.



Looking ahead to Term 4, our focus will be on Basketball 🏀. Come and meet us at the courts during first break in Weeks 2, 4, 6, and 8. It's a great chance to earn Ric points for Kirrawa and verse your friends in some fun and friendly games.

Once again, Kirrawa had great numbers in lunchtime house activities, with even stronger participation in Gala Day and the touch football competitions. Our numbers are definitely on the rise! We may be sitting in fourth place right now, but that doesn't make us quitters. Kirrawa spirit is all about persistence, teamwork, and giving it our all.

Go Kirrawa!

Callum Hill – Kirrawa House Captain



Maloo's Musings

House Activity Success

What an incredible turnout we had for our "Slime a Teacher" House Activity! A huge shoutout to Mr Krosch, Mr Franks, and Mr Aleksic for bravely stepping up so our students could have a laugh, get involved, and score some all-important house points.



RIC 1000 Club

It's been a little while since we've recognised our amazing RIC 1000 Club achievers. Today, I'd like to extend a massive congratulations to the following Maloo-vians who consistently strive for success and show up every day living and breathing our school values of Respect, Integrity, and Commitment.

Jocelyn -
Stephanie
Skyler
Lily
Amelia
Drew
Jennay
Sofie
Emma
Coralei
Alesta
Deyla

Sienna
Amelia
Allistair
William
Zander
Emily
Ric
Ewan
Hamish
Anahera
Chloe
Matilda
Owen



SRC News!

We asked out Junior SRC what was their favourite thing they did as apart of the SRC this year:



Autumn
JNR Vice President

"My favourite thing I have done in the SRC is helping out with the canteen in events such as the musical and talent show."



Grace
JNR Secretary

"My favourite thing I've done in the SRC so far this year is help out with the musical as it was a fun opportunity to work and also have a part of the production and watch the show."



Eva
JNR President

"Definitely helping out with the musical!"



Mason
JNR Treasurer

"I have enjoyed helping out during events such as the musical since it feels like I have a lot more responsibility and I like that."

Wear It Purple Day

The SRC held Wear it Purple Day in week 7.

We raised and donated \$500 to support the charity Minus 18.

Thank you to everyone that helped and supported us and the charity by wearing non-uniform and buying a sausage sizzle!

From the Guidance Officers

Wellbeing Dogs

We are very fortunate at Narangba Valley State High School to have three wellbeing dogs working alongside our Guidance Officers to support student wellbeing.

Meet the dogs and their handlers:

- Millie is a young Labradoodle who works with Hannah Cooper (Guidance Officer Y8 and Y12).
- Daisy, Millie's sibling, is also a Labradoodle and works with Jo Dixon (Guidance Officer Y9 and Y10).
- Lunar is an experienced Shih Tzu/Maltese who works with Kristy Ehrlich (Guidance Officer Yr 7 and Y11).

Millie and Daisy are still adolescents, so for now they are classed as trainee therapy dogs. This means their time at school will be carefully managed, starting in quiet spaces with one-on-one or small group settings rather than large classrooms. As they grow, their exposure will gradually increase. Both are working towards full therapy dog accreditation once they reach 12 months of age. All three dogs, and their handlers, are completing specific therapy dog training and accreditation programs. Our school is supported by Paws for Support, a government-approved organisation, to make sure this process is safe, structured, and in line with departmental policy.

The role of our wellbeing dogs

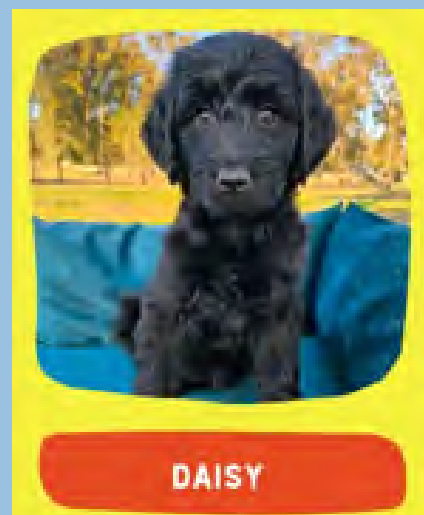
Wellbeing dogs play an important role in helping students feel calm, supported, and connected. They can provide comfort during times of stress, support positive engagement in learning, and build strong community connections across our school.

How to interact safely with our dogs

We ask all students and visitors to remember:

- Always ask permission before approaching a dog.
- Allow the dog to sniff your hand first.
- Pat gently on the back, chest, or under the chin - not on the head.
- Give them space if they are resting in their crate or look like they need a break.
- Never feed the dogs.

If your child has a dog allergy or fear of dogs, please let the school know so we can make appropriate arrangements.



From the Guidance Officers

As we approach the school holidays, please take time to check in with your young person and support them to connect and seek help as needed. Continue open conversations, encourage self-care, and let them know you're there to support them. If you notice changes or are concerned, please seek support.

- headspace Redcliffe/Strathpine/Caboolture
- Local Supports (list local GPs/CYMHS)
- Parentline (1300 30 1300)
- Kids Helpline (1800 55 1800)
- Reach Out Parents
- Lifeline (13 11 14)"

Mental Health Services and Support

Beyond Blue

24/7 mental health support service

1300 22 4636
beyondblue.org.au

headspace

Online support and counselling to young people aged 12 to 25

1800 650 890
(3pm to 10pm daily)
headspace.org.au

Kids Helpline

24/7 crisis support and suicide prevention services for children and young people aged 5 to 25

1800 55 1800
kidshelpline.com.au

Lifeline

24/7 crisis support and suicide prevention services

13 11 14
lifeline.org.au

Suicide Call Back

24/7 crisis support and counselling service for people affected by suicide

1300 659 467
suicidecallbackservice.org.au

13YARN

24/7 crisis support for Aboriginal and Torres Strait Islander people

13 92 76
13yarn.org.au

Mensline

24/7 counselling service for men

1300 78 99 78
mensline.org.au

1800 RESPECT

24/7 support for people impacted by sexual assault, domestic violence and abuse

1800 737 732
1800respect.org.au

QLife

LGBTIQ+ peer support and referral

1800 184 527
qlife.org.au

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.

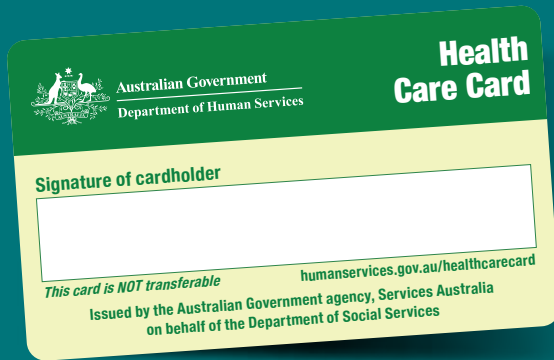


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Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops



1300 610 355

saverplus.org.au

TSP 25





Could Saver Plus help with your education costs?

Saver Plus Information Sessions

We are running Information sessions for anyone thinking about joining the program and wants to learn more about how Saver Plus works.

Eligibility, income and participation criteria. To find out more head to <https://www.thesmithfamily.com.au/>.

To Register please use the QR Code or Zoom Link Below.



[Click here to Register](#)

saverplus.org.au
1300 610 355



Saver Plus was developed by ANZ and the Brotherhood of St. Laurence and is delivered in partnership with The Smith Family and Berry Street. It is funded by ANZ and Department of Social Services.