

## Health & Physical Education

Health and Physical Education develops knowledge, understanding and skills for students to take positive action to protect, enhance and advocate for regular movement-based activity, personal identity and wellbeing, and respectful relationships.



## Our Mission

To develop inspired, innovative and resilient learners prepared to challenge the future.



# Health & Physical Education

**General Subject  
Junior Program**

## Why study Health & Physical Education

Students learn within two strands:

- Personal, social and community health
- Movement and physical activity



## What subjects can you study

There are a range of subjects offered within the Health and Physical Education learning area. In Years 9 and 10 These include:

- Health (Year 9 only)
- Physical Education
- AFL Academy
- Netball Academy
- Health and Nutrition
- Sport and Recreation (Year 10 only)



## Senior Pathways



Students entering Year 10 may study:

- Health & Physical Education or
- Sport & Recreation

AFL / Netball Development Academy

In Years 11 and 12 the following subjects are offered:

- Physical Education (General)
- Sport & Recreation (Applied)
- Certificate III Fitness (VET)
- Certificate III Sport and Recreation—AFL (VET)
- Certificate III Health Services (VET)